

Ross Ian Seth Zbar, MD, FACS
Plastic and Reconstructive Surgery

Address:

200 Highland Ave
Glen Ridge, NJ 07028

Tel: (973) 743-4800

Fax: (973) 743-3111

e-mail: risz@ix.netcom.com

Education:

Yale University School of Medicine, New Haven, CT: 1988-1992

Doctor of Medicine, 1992

Farr Scholar, 1990 (For superior performance, leadership, integrity, and intellectual honesty)

Harvard University, Cambridge, MA: 1984-1988

Bachelor of Arts magna cum laude in biology, 1988

Adams House Coat of Arms, 1988 (For leadership and scholarship)

John Harvard Scholarship, 1988

Harvard College Scholarship, 1985-1987

Montclair Kimberley Academy, Montclair, NJ: 1980-1984

Valedictorian, cum laude, 1984

Editor-in-Chief, Academy News, 1983-1984

Medical Training:

Fellowship: July 1999 – June 2000

Pediatric Plastic Surgery

Jerome P. Webster Fellowship in International Pediatric Plastic Surgery (first recipient)

Interplast, 300-B Pioneer Way, Mountain View, CA 94041 (now known as ReSurge)

Residency: July 1997 – June 1999

Department of Plastic Surgery

University of Texas Southwestern Medical Center, 5323 Harry Hines Boulevard, Dallas, TX 75235

Nike Award, June 1999 (best clinical case of the year)

Residency: July 1993 – June 1997

Department of Otolaryngology

University of Iowa Hospitals and Clinics, 200 Hawkins Drive, Iowa City, IA 52242

Internship: July 1992 - June 1993

Department of General Surgery

Lenox Hill Hospital, 100 East 77th Street, New York, NY 10021

Awards & Honors:

Listed in:

“Top Doc” New Jersey Monthly

Castle Connolly Guide to America’s Cosmetic Doctors and Dentists

Consumers’ Research Council of America, Top Physicians

Member, Board of Trustees; 2012 - 2016

Hackensack University Medical Center – Mountainside Hospital

Vice President, Medical Staff; 2017 – 2019

President Elect; 2019 - 2021

Hackensack University Medical Center – Mountainside Hospital

Recipient of the Distinguished Alumni Award, Montclair Kimberley Academy, 2005

Interplast (now known as ReSurge International)

Assistant Medical Director; 2000 – 2002

Member, Board of Trustees; 2000 – 2003

Medical Licensure and Board Certification:

New Jersey: 68991 (5/17/99)

Iowa (inactive): 31407 (8/6/96)

Texas (inactive): K3543 (8/9/97)

Diplomate of the American Board of Plastic Surgery #6307 (9/8/01)

Diplomate of the American Board of Otolaryngology #15604 (4/10/98)

Diplomate of the National Board of Medical Examiners #414426 (7/93)

Guest Examiner, American Board of Plastic Surgery; 2009 - present

Hospital Privileges:

Chilton Medical Center, 97 West Parkway, Pompton Plains, NJ 07444 (attending)

Clara Maass Medical Center, One Clara Maass Drive, Belleville, NJ 07109 (attending)

HUMC-Mountainside, Bay Avenue, Montclair, NJ 07042 (attending)

Director, Wound Care Center

Director, Melanoma and Skin Cancer Center

Division Chief, Plastic Surgery

Medical Societies:

American Society of Plastic Surgery, Member

American Academy of Otolaryngology – Head & Neck Surgery, Fellow

American Cleft Palate – Craniofacial Association, Member

American College of Surgeons, Fellow

Publications:

Zbar RIS, Monico E and Calise A. Consultation for Simple Laceration Repair When On-Call in the Emergency Department: Potential Quagmire. **Plastic Recon Surg Global Open**. 2017; 5: e1428.

Zbar RIS. Closing the Generational Gap in Surgery: Why So Angry? **Plastic Recon Surg Global Open**. 2016; 4: e1087.

Zbar RIS. Identifying and managing those patients at risk for aborted Mohs micrographic surgery. **Annals Plastic Surg**. 2012; 68: 67.

Zbar RIS and Canady JW. Evidence-based approach to cleft lip nasal deformity. **Plastic Recon Surg** 2011; 127(2):905.

Zbar RIS, Taylor LD and Canady JW. The disruptive physician: righteous maverick or dangerous pariah? **Plastic Recon Surg** 2009;123 (1):409.

Zbar RIS, Taylor LD and Canady JW. Ethical issues for the plastic surgeon in a tumultuous healthcare system: dissecting the anatomy of a decision. **Plastic Recon Surg** 2008;122 (4):1245.

Zbar RIS and Canady J. Nonmelanoma facial skin malignancy. **Plastic Recon Surg** 2008; 121(1S) MOC-PS CME Collection: 1-9.

Langstein HN, Zbar RIS and Dingman DL. Teaching microsurgery in western academic centers and in the developing world. **Seminars in Plastic Surg**. 2003; 17:17.

Zbar RIS, Rai SM and Ghimire P. Repair of congenital nasal anomalies involving redundancy of structures. **Cleft Palate-Craniofacial Journal** 2003;40:214.

Zbar RIS, Otake LR, Miller MJ, Persing JA and Dingman DL. Web based medicine as a means to establishing centers of surgical excellence in the developing world. **Plastic Recon Surg** 2001; 108:460.

Zbar RIS, Rai SM and Dingman DL. Establishing cleft surgery in developing nations: A model for the new millennium. **Plastic Recon Surg** 2000; 106:886.

Zbar RIS, Zbar LIS, Dudley C, Trott SA, Rohrich RJ and Moss RL. A classification schema for the vomeronasal organ in humans. **Plastic Recon Surg** 2000; 105:1284-1288.

Rohrich RJ and Zbar RIS. Reply: Letter to the editor regarding 'A simplified algorithm for the use of Z-plasty.' **Plastic Recon Surg** 1999; 104: 2339.

Rohrich RJ and Zbar RIS. The Evolution of the Hughes tarsoconjunctival flap for lower eyelid reconstruction. **Plastic Recon Surg** 1999; 104:518-523.

Rohrich RJ and Zbar RIS. A simplified algorithm for the use of Z-plasty. **Plastic Recon Surg** 1999; 103:1513-1517.

- Greinwald JH...Zbar RIS, Kraft ML, Prasad S, Ramesh A, Coucke P, Srisailapathy CRS, Lovett M, VanCamp G and Smith RJH. Localization of a novel gene for nonsyndromic hearing loss (DFNB17) to chromosome region 7q31. **Am J Med Genet** 1998; 78(2):107-113.
- Zbar RIS, Ramesh A, Srisailapathy CRS, Fukushima K, Wayne S and Smith RJH. Passage to India: The search for genes causing autosomal recessive nonsyndromic hearing loss. **Otolaryngol Head Neck Surg** 1998; 118(3):333-337.
- Tomek MS...Zbar RIS, Bell AM, VanCamp G and Smith RJH. Localization of a gene for otosclerosis to chromosome 15q25-q26. **Human Molec Genetics** 1998; 7(2):285-290.
- Zbar RIS, Funk GF, McCulloch TM, Graham SM and Hoffman HT. The pectoralis major myofascial flap: a valuable tool in contemporary head and neck reconstruction. **Head and Neck** 1997; 19:412-418.
- Zbar RIS, Megerian CA, Khan A and Rubinstein JT. An invisible culprit: intralabyrinthine schwannomas which do not appear on enhanced MRI scanning. **Ann Otol Rhinol Laryngol** 1997; 106:739-742.
- Greinwald JH...Zbar RIS, Kraft ML, Elbedour K, Yairi Y, Musy M, Skvorak AB, VanCamp G, Srisailapathy CRS, Lovett M, Morton CC, Sheffield VC and Smith RJH. Construction of P1-derived artificial chromosome and yeast artificial chromosome contigs encompassing the DFNB7 and DFNB11 region of chromosome 9q13-21. **Genome Research** 1997; 7(9):879-886.
- Chen A...Zbar RIS, Ashley J, Lovett M, VanCamp G and Smith RJH. New gene for autosomal recessive nonsyndromic hearing loss maps to either chromosome 3q or 19p. **Am J Med Genet** 1997; 71(4):467-471.
- Weber PC, Zbar RIS and Gantz BJ. Appropriateness of magnetic resonance imaging in sudden sensorineural hearing loss. **Otolaryngol Head Neck Surg** 1997; 116:153-156.
- Zbar RIS, Chen AH, Behrendt DM, Bell EF and Smith RJH. The incidence of vocal fold paralysis in infants undergoing ligation of patent ductus arteriosus. **Ann Thoracic Surg** 1996; 61:814-816.
- Zbar RIS and Smith RJH. Vocal fold paralysis in infants twelve months of age and younger. **Otolaryngol Head Neck Surg** 1996; 114:18-21.
- Fukushima K...Zbar RIS and Smith RJH. An autosomal recessive non-syndromic form of sensorineural hearing loss maps to 3p. **Genome Research** 1995; 5:305-308.
- Fukushima K...Zbar RIS and Smith RJH. Consanguineous nuclear families used to identify a new locus for recessive non-syndromic hearing loss on 14q. **Human Molec Genetics** 1995; 4(9):1643-1648.
- Zbar RIS. Book Review: *Autobiography of a Face*. **New England Journal of Medicine** 1995; 333(14):949.
- Jain PW...Zbar RIS, Verma IC, Smith RJH and Wilcox ER. A human recessive neurosensory nonsyndromic hearing impairment locus is a potential homologue of the murine deafness (dn) locus. **Human Molec Genetics** 1995; 4(12):2391-2394.

Zbar RIS. Liver laceration following cardiopulmonary resuscitation: A case report. **Heart Lung** 1993; 22(5):463.

Zbar RIS, Crede WB, McKhann CF and Jekel JF. The postoperative incidence of small bowel obstruction following standard, open appendectomy and cholecystectomy: A six year retrospective cohort study at Yale-New Haven Hospital. **Connecticut Medicine** 1993; 57(3):123-127.

Roepe PD, Zbar RIS, Sarkar HK and Kaback HR. A five-residue sequence near the carboxyl terminus of the polytopic membrane protein lac permease is required for stability within the membrane. **Proc Natl Acad Sci USA** 1989; 86:3992-3996.

Book Chapters:

Zbar RIS and Canady JW. "Cold Injuries" in **Plastic Surgery**, Second Edition, Volume 1, pages 855 – 862; Saunders, Philadelphia, PA: 2006.

Broughton G and Zbar RIS. "Burns and Postburn Reconstruction" in **Selected Readings in Plastic Surgery**, Volume 10, Number 7, Part 2, 2005.

Zbar RIS. "Skin Tumors I: Basal Cell and Squamous Cell Carcinoma" in **Selected Readings in Plastic Surgery**, Volume 10, Number 3, Part I, 2004.

Hunt JL, Purdue GF and Zbar RIS. "Burns: acute burns, burn surgery and postburn reconstruction" in **Selected Readings in Plastic Surgery**, Volume 9, Number 12, 2000.

Zbar RIS and Cattel WI. "Skin Tumors I: Basal Cell Carcinoma and Squamous Cell Carcinoma" in **Selected Readings in Plastic Surgery**, Volume 9, Number 5, 2000.

Zbar RIS and Smith RJH. Reprint of Vocal Fold Paralysis in Infants Twelve Months of Age and Younger (Otolaryngol Head Neck Surg 1996;114:18-21) in **Home Study Course**, Section 6, 1998 - 1999: Laryngology, Voice Disorders and Bronchoesophagology.

Zbar RIS and Funk GF. "Pharyngocutaneous Fistula" in **Current Therapy in Otolaryngology – Head and Neck Surgery**. Mosby Publications, Sixth Edition, NY: 1998. pg314-319.

Thesis:

Zbar RIS. (1988) "Lac permease of Escherichia coli: Role of carboxyl terminus in insertion and function." Harvard University, Department of Biology, magna cum laude thesis.

Zbar RIS. (1992) "Small bowel obstruction following various abdominal procedures: A six year retrospective cohort study." Yale University School of Medicine.

American College of Surgeons CME Course Presentations:

Current Wound Care Concepts for Primary Care; American College of Surgeons CME at Mountainside Hospital; 10/21/11. Course Director.

Current Concepts in Oncology for Primary Care Physicians; American College of Surgeons CME at Mountainside Hospital; 03/08/13. Speaker: Melanoma and Other Skin Cancers.

Research:

Post Graduate Institute of Basic Medical Science, Madras, India:

Honorary Foreign Faculty, Thesis Reader, 1997.

Department of Genetics, Visiting Researcher, March-April 1995, March-April 1996.

Yale University School of Medicine, New Haven, CT:

Department of Surgery, Primary Investigator, 1991.

Department of Medicine, Section of Nephrology, Summer Research Associate, 1989.

Roche Institute of Molecular Biology, Nutley, NJ:

Department of Biochemistry, Summer Honors Student, 1984-1987.

Editorial Boards and Reviewer:

Cleft Palate – Craniofacial Journal

Plastic Reconstructive Surgery

Selected Readings in Plastic Surgery

Extracurricular Activities:

Yale Medical School:

President of the Student Council, 1989-1990.

Class President, 1988-1989.

Committee on the Well Being of Students, 1988-1992.

Boy Scouts of America:

Eagle Scout with seven Palms.

Languages:

French

(medical) Spanish